

Sample menu

Uplawmoor since 1992

Our kitchen team are committed to using fresh local produce wherever possible and, as all dishes are homemade and cooked to order they may take a little longer at busier times.

This menu shows our dishes that are and that have been made suitable for anyone wishing to avoid Gluten in their diet.

Should you wish to order chips, please note that they do share the fryer with glutinous items. WE WILL NOT BE HELD RESPONSIBLE FOR ANY ADVERSE REACTION IF YOU CHOOSE TO HAVE CHIPS

When ordering, please make our team member aware that you wish the Gluten Free Option, to ensure any variations will be taking into consideration.

Starters

Prawn Cocktail £5.95

classical marie rose sauce with brandy & tabasco with gluten free bread

Chef's Chicken Liver Pate £5.95

exceptional pate, made from our secret recipe
herb leaf salad, balsamic reduction & a plum chutney, with gluten free oatcakes

Creamy Garlic Mushrooms (V) £5.95

grilled with cheese, gluten free bread

Warm Goats Cheese, Butternut Squash and New Potatoes (V) £6.50

mixed leaves and balsamic dressing

Smoked Mackerel Pate £5.95

pickled cucumber and rocket with toasted gluten free bread

Mains

No Pie - Steak Pie £11.50

rich gravy, mashed & sautéed potatoes & vegetables

No Pie - Chicken & Leek Pie £11.50

creamy white wine sauce, mashed & sautéed potatoes & vegetables

Morrocan Spiced Lamb Tagine £12.95

fragrant rich casserole, steamed rice

Chilli Beef £8.95

minced beef, topped with cheese, rice, jalapenos & sour cream

Locally Reared Tulloch's Steak 10oz Ribeye £19.95

grilled vine tomatoes, mushrooms & hand cut chips 8oz Fillet £23.95

Gaelic Steak Uplawmoor £24.95

fillet steak flamed in whisky, onion & garlic jus, vine tomatoes, potatoes, fine green beans

Up Where U Belong

Pan Seared Scottish Salmon Fillet parmentier potatoes, ratatouille, wilted spinach, watercress & lemon	£13.95
Haddock & Hand Cut Chips plain grilled haddock, mushy peas, pickled onion & homemade tartar sauce	£11.50
Smoked Ham Hough Salad mixed leaves, red onion, boiled egg, warm new boiled potatoes, garlic & parsley mayonnaise	£10.50
Warm Cajun Chicken Breast Salad mixed leaves, creamy coleslaw, boiled egg & warm new boiled potatoes	£10.95
Roasted Shallot, Garden Pea, Mint Risotto (V) watercress & fresh herbs	£10.95
Pan Seared Chicken Breast Risotto butternut squash & spinach, parmesan, rocket and fresh herbs	£12.95
The Omelette For You (V) 3 egg omelette with your choice of fillings mixed leaf salad & chips	£9.50
Cajun Chicken Burger (with gluten free roll) cajun infused chicken breast with bacon & smoked cheddar red pepper relish & hand cut chips	£11.50

Sides

Regular Chips or New Potatoes	£2.50	Our Own Hand cut chips	£3.50
Cracked Black Pepper Sauce	£2.50	Sautéed Mushrooms	£2.50
House Side Salad	£3.50	Creamy Coleslaw	£2.50

Sweets

**Ask for our sweet list or see the black board
for today's selection** from **£5.95**

Or select from our classic selection below

Trio of Ice-Creams Vanilla, Strawberry & Chocolate **£4.95**
with your choice of homemade butterscotch, raspberry or rich chocolate sauce

Selection of Fine Scottish Cheeses **£6.95**
gluten free oatcakes, Chefs chutney